

WHAT'S HOT !

Using Fire guards around heaters, fires and BBQ's



Checking your children's clothing and nightwear for flammable standard labels

Keeping your child out of the kitchen when you are cooking

Keeping matches out of reach

Learning first aid

Ensuring your hot water is at a safe temperature

WHAT'S NOT !

Buying cigarette lighters that look like toys



Letting your child have or be near lighted candles

Leaving cups of hot drinks within reach of your child

Not testing the water before placing your child in the bath or shower

Carrying your child while cooking or handling hot liquids or food

Not regularly checking the batteries in your smoke alarms

IF IT CAN HEAT IT CAN BURN !!

BURNS & SCALDS

YOUR SUPERVISION COULD MEAN A CHILD'S SURVIVAL

AROUND HEAT

- Make the kitchen a no go area when handling hot things
- Use a Stove Guard and keep pot handles towards back of stove. Use back elements first
- Teach your child what "HOT" means
- Keep a fire extinguisher or fire blanket handy
- Ensure hot foods and liquids are cooled down before given to a child
- Refrain from buying lighters that look like toys
- Keep matches out of reach of children
- Keep candles away from children
- Put oil burners and candle burners away out of reach



- Ensure fire guards are used around all heaters and fireplaces
- Ensure heaters are safe, out of traffic areas and are not left unattended
- Install smoke alarms in bedrooms and living areas

AROUND WATER

- Turn your water temp down to 55 degrees
- Put cold water in the bath first then test 3 x before putting child in bath
- Never leave a child alone in the bath
- Use a hot tap cover
- Keep electric cords from kettles and irons out of reach
- Use table mats instead of cloths
- It is dangerous to carry your child and hot liquid at the same time



WARNING !!!

FACTS: More than 7 children a year are burnt to death in NZ. 50% are under 4 years of age. Over 80 children suffer painful burns every year.
NEVER LEAVE CHILDREN ALONE AROUND FLAMES

BURNS SERVICE - MIDDLEMORE HOSPITAL

Now advocate 20 minutes (was 10 minutes) cooling of a burn under cool running water.

Surgeons dealing with burn patients now ask what treatment has been given and confirm that the longer cooling time after a burn, the less likelihood of long term damage. This could minimize the need for extensive skin grafts.

If concerned about hypothermia, start warming the water after 10 minutes.

However, medical help is usually on the way before 20 minutes in serious burn cases.

CARBON MONOXIDE: THE SILENT KILLER

Carbon Monoxide is produced by burning ANY fuel. It can kill you and your children.

Symptoms: Dizziness - Nausea - Fatigue Headache - Irregular Breathing

Remember, if you have any symptoms and if you feel better when you go outside your home and the symptoms reappear once you are back inside, you may have CO poisoning.

Sources of Carbon Monoxide: Room Heater - Range - Furnace—Water Heater - Auto in closed Garage—Charcoal Grill - Fire Place

Never use the gas range or oven for anything other than cooking. Never operate unvented gas-burning appliances in a closed room.



CLOTHING

Only buy children's nightwear that is "flame resistant"

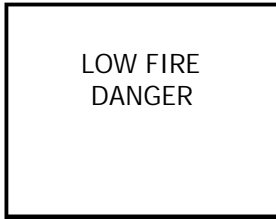


- Buy clothes with safety labels
- Ensure nightclothes are close fitting
- Ensure children do not run around or play around heaters or open flames
- Never let your child have candles in their bedroom
- Ensure a heater is not left unattended in a child's room
- Teach your child what to do and where to go if a fire happens



WARNING LABELS

White Label



Red Label



CANDLES VS LIGHT BULBS

Research shows that running a light bulb is less expensive than burning candles

BURNS FIRST AID

DON'T PANIC!

- keep yourself and your child calm
- Place the burn under cool water for at least 20 mins.
- Cover burnt area with a soft dry cloth
- If minor burn apply burn cream and cover
- If medium burn take your child to the doctor
- **IF MAJOR BURN CALL 111**

ELECTRICAL SAFETY

- Always use socket safety guards in plug sockets
- Ensure electrical cords are not laying in traffic areas
- Don't run power cords under carpeting
- Replace any frayed or damaged cords
- Ensure iron and jug cords are out of reach
- Use an oven lock on your oven
- Ensure your home has a current electrical safety Certificate of Compliance
- POWER TOOLS ARE NOT TOYS**

IF YOU WANT TO KNOW MORE ???

Information Centre & Resource Library

Information Available

- Road Safety – Home Safety
- Water Safety
- Fire Safety – Health – Poisons
- Cycles -Car Restraints –
- Play Equipment – Products
- Statistics – Health Reports
- Standards

0800 CHILD SAFE
0800 2 4 4 5 3 7 2 3
OR 09 827 6182

www.childsafety.co.nz

IS YOUR ORGANISATION INTERESTED IN PARENT SAFETY WORKSHOPS ?

VISIT YOUR LOCAL STORE:



THE RECYCLED CLOTHING STORE

Where you dress for Less

This business supports the Child Safety Foundation's work in your community with funding of \$60,000 in the last year.

- WHANGAREI:** 3 Clark St, Kamo
- KAIKOHE:** 71 Broadway
- NEW LYNN AUCKLAND:** 21 Veronica Street
- MANUREWA AUCKLAND:** 290 Roscommon Rd
- NORTHCOTE AUCKLAND:** 30 College Road
- MANGERE AUCKLAND:** 60 Tidal Road
- HAMILTON:** 105 Maui Street Te Rapa
- 26 High Street Frankton
- MT MAUNGANUI:** 16 Tawa St
- ROTORUA:** 2 Gibson Street
- TOKOROA:** 1 Dreghorn Place
- WHAKATANE:** 92 Mill Road
- GISBORNE:** 64 Peel Street
- HASTINGS:** 313 Queen Street

- NEW PLYMOUTH:** 52 Rimu Street
- 69 Dawson Street
- WANGANUI:** 45 Kelvin Street
- PALMERSTON NTH:** 44 West St
- LEVIN:** 1 Mako Mako Road
- WELLINGTON:** 10 Commerce Crescent, Porirua
- 31 Lane Street Upper Hutt
- BLLENHEIM:** 52 Arthur Street
- NELSON:** 29B Parkers Road
- CHRISTCHURCH:** 94 Shands Road Hornby
- 39 Battersea Street Christchurch
- 472 Cranford Street Christchurch
- 23 Hawke Street New Brighton Mall
- TIMARU:** 12 Dee Street
- DUNEDIN:** 36 Stafford Street
- INVERCARGILL:** 73 Tay Street
- 139 Grace Street