

Top chainsaw tips

- Safety gear can save your life, so take the time to put it on
- Never cut above shoulder height – it increases the risk of losing your balance and makes the chainsaw more likely to kickback
- Always keep two hands on the saw and hold it close to your body with your feet firmly planted and slightly apart
- Remember: chainsaws are designed to cut wood. Don't use them to cut anything else.

Did you know? Every week 19 people are injured using a chainsaw.



Te Kaporeihana Āwhina Hunga Whara

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SAFETY begins at HOME

How to stay as safe
as houses when you're
doing DIY



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Did you know? Last year, around 69 people a day injured themselves at home using some kind of tool.

Working with tools

- Always keep safety guards in place when using power tools
- Always wear closed shoes – preferably non-slip boots – when working with power tools. This is especially important when mowing the lawn
- Make sure you've got protective eyewear and hearing protection that fits you comfortably – again, this is vital when mowing the lawn
- When you've finished, make sure your tools are stored in a safe place, out of reach of children.

Did you know? Every day 12 people are injured using a lawnmower.

In and around the garden

- Keep all chemicals, solvents, paints and sprays in your shed or garage out of sight and reach of children.
- If you're building a deck, grooved timber gives better grip or add sand to your deck paint for better grip.

Did you know? Nearly 60,000 people were injured in the garden last year (That's almost twice the population of the West Coast).

Ladder safety

- Always keep three points of contact on a ladder at all times and don't reach over too far. Keep your belt buckle within the sides of the ladder
- Place the ladder on firm, level ground
- Make sure your ladder is angled correctly – ladders should be one metre out at the base for every four metres of height.

