

TIRF is pleased to release two new publications on fatigued driving. The first is a primer entitled *The Facts about Fatigued Driving in Ontario – a Guidebook for Police* and the second is a brochure geared towards the public, entitled, *Fatigued Driving, Fast Facts*.

The Guidebook is a summary of peer-reviewed research and the findings from two Ontario polls conducted by TIRF of more than 800 police officers in Ontario, and some 750 Ontario drivers. The purpose of the Guidebook is to provide police administrators and officers with research-based knowledge about the magnitude and characteristics of the fatigued driving problem and how fatigued drivers and fatigue-related crashes are being handled.

The brochure is a pamphlet designed to provide drivers with the facts on fatigued and drowsy driving, the warning signs and the risks involved. It also debunks the myths surrounding caffeine and other short-term fixes and identifies strategies to prevent fatigued driving.

TIRF would like to thank the Royal Canadian Mounted Police (RCMP), the Ontario Provincial Police (OPP) and Toronto Police Services (TPS) for facilitating the fielding of the survey to police agencies across Canada and for their feedback on the Guidebook.

For more information on the Guidebook and to download a copy, visit the [Projects & Publications](#) section of our website or [click here](#).

For more information on the brochure and to download a copy, visit the [Projects & Publications](#) section of our website or [click here](#).

If you would like to order printed copies of either document, please contact sarao@tirf.ca. There is a minimum charge per order for non-members/donors of \$25.00 (Canadian dollars) to cover shipping and handling.

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